

Margaret O'Malley



**EXECUTIVE COACHING
FACILITATION
TRAINING
CONSULTING**

My mission is to support leaders, managers and staff to realise their strengths and core values, to develop the deep self-awareness, skills and capabilities needed to navigate the challenges of their demanding and complex roles. I assist them to act with appropriate judgement and generosity in order to contribute to thriving workplaces that accomplish organisational goals. I have delivered results for people in a wide range of organisations and cultures in Australia and abroad. Leading by example, I live my values and I invest in my own learning, well-being and performance.

EXPERIENCE

My 35-year career spans consultancy, management, policy development, change management, stakeholder engagement, media, health promotion, teaching and lecturing roles. I have lived and worked in Australia, the USA, the UK, Singapore and across South East Asia. This experience has given me exposure to senior executives from diverse nationalities and industries and a deep appreciation of both ethnic and organisational culture for global business leaders and managers. I'm currently based in Canberra.

I provide evidence-based, executive coaching for senior leaders, managers, teams and small groups. I also design and facilitate bespoke, innovative learning and development programs.

AREAS OF SPECIALISATION

Executive Coaching, Leadership and Management Development, Facilitation, Team and Group Performance, Positive Organisational Culture, Resilience, Optimising Performance.

I use a collaborative, solution-focused, strengths-based approach, employing principles of coaching psychology, leadership and management theory, positive psychology & positive organisational scholarship, and current best practice on adult education & development, health sciences & neurobiology.

QUALIFICATIONS

Master of Applied Science Psychology of Coaching (University of Sydney)
Executive Coaching Certificate (Institute of Executive Coaching and Leadership)
Diploma in Teaching (Secondary, with distinction)
Post Graduate Diploma Health Studies (University of Sydney)

ACCREDITATIONS & INSTRUMENTS

Workplace Big Five Profile, Change Style Indicator, Herrmann Brain Dominance Indicator (HBDI), DiSC Styles, Values in Action (VIA) Strengths Survey, Myers Briggs Type Indicator (MBTI), Firo B, Mental Toughness (MTQ48) and Positive Psychology instruments from UPenn USA

Three sixty-degree instruments include The Leadership Circle Profile (LCP), Benchmarks 360 Assessment Suite & Coaching Effectiveness 360 (Center for Creative Leadership), Executive Leadership 360 Profiles for the Australian Public Sector

CLIENTS

My clients include a range of Australian Commonwealth Government agencies as well as private sector organisations including Unilever, Expedia, COACH NY, MAS Holdings, Mercedes-Benz, Ford Motors, Mastercard, and Lend Lease. I work with people from graduate level thought to senior executives and I am experienced engaging with groups of four to more than forty.



through my website please



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